

NDIS In-Home Care

Care at home.

Western Sydney and the Central Coast



What is in-home care?

Personalised support, delivered at home.

In-home care is disability support tailored to each participant and delivered where they live. It helps NDIS participants live more independently, stay safe, and maintain the routines that matter most to them.

Rather than moving to a facility, participants receive assistance from trained support workers - on their terms, in their own space.

Why it matters:

- Supports greater independence and confidence
- Keeps people safe and comfortable at home
- Reduces the burden on family carers
- Flexible scheduling around your life



Western Sydney



Parramatta, Blacktown, Liverpool, Penrith, Fairfield and surrounding suburbs - serving NSW's fastest-growing NDIS region.

Central Coast



Gosford, Wyong and broader coastal and hinterland communities - including CALD backgrounds across both regions.

What's included in our service

Personal care

Showering, grooming, dressing, hygiene, and timely medication prompts

Domestic assistance

Cleaning, laundry, and keeping your home tidy and comfortable

Meal preparation

Planning and preparing nutritious, suitable meals every day

Companionship

Social engagement and activities, plus respite relief for family carers

Overnight support

Assistance and supervision through the night for added safety

Complex care

Specialist support for participants with higher or clinical care needs

1 Initial consultation

We meet with you and your support network to understand your goals, routines, and preferences.

2 Support plan creation

A personalised care plan is developed, aligned with your NDIS funding and individual goals.

3 Worker matching

We match you with consistent, trained support workers suited to your personality and needs.

4 Care begins

Supports are delivered on your schedule, in your home, by workers you know and trust.

5 Ongoing review

We check in regularly and adjust your care plan as your needs and circumstances change.

Your NDIS plan funds this

Already have an NDIS plan?

Bring your plan details to your first consultation and we'll help you make the most of your funding.

In-home care is funded under Core Supports. Look for **Daily Activities** or **Assistance with Daily Life** in your plan.

Don't have a plan yet?

Contact the NDIS on 1800 800 110 to start your access request.

Speak with your GP or support coordinator to gather the evidence you'll need.

Why choose us

What sets our care apart

Registered provider

Fully accredited and compliant with NDIS Practice Standards

Familiar faces

Consistent support workers you can trust, visit after visit

Flexible scheduling

Supports that fit around your routine, not ours

Local expertise

Deep knowledge of Western Sydney and Central Coast communities

Person-centred

Your goals, your choices, your care - always

Complex care

Skilled staff for participants with higher support needs

Get started

Get in touch today

Book a free consultation and find out how we can support you at home.



Contact us

Call us or send an enquiry online.
enquiries@ndiscare.com.au

Referrals

Ask your support coordinator
to refer you directly.

Find us online

www.ndiscare.com.au
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